

Faculty of Rehabilitation and Kinesiology

1. Rehabilitation and Kinesiology – Bachelor

Winter Semester

Subject code	Module/subject name	Type of class ²	Number of hours	ECTS credits	Form of crediting the course ³	Semester	Language
TZISnkf01	Swimming	Class	15	1	Credit with a grade	I	Polish / English
TZISnkf11	Self-defence	Class	13	1	Credit with a grade	III	Polish / English
TZISnkf12	Martial arts	Class	13	1	Credit with a grade	III	Polish / English
TZISnkf08	Aqua aerobic	Class	13	1	Credit with a grade	III	Polish / English
FISKf02	Gymnastics	Class	30	2	Credit with a grade	I	Polish / English

FISNkf04	Team sport games	Class	30	2	Credit with a grade	I	Polish / English
FISNkf07	Stretching	Class	26	2	Credit with a grade	III	Polish / English
FISNkf08	Strength training	Class	26	2	Credit with a grade	III	Polish / English
FISNkf13	Taniec	Class	22	2	Credit with a grade	V	Polish / English
FISNkf14	Pilates	Class	22	2	Credit with a grade	V	Polish / English

2. Rehabilitation and Kinesiology - Bachelor

Spring Semester

Subject code	Module/subject name	Type of class²	Number of hours	ECTS credits	Form of crediting the course³	Semester	Language
TZISnkf04	Athletics	Class	15	1	Credit with a grade	II	Polish / English
TZISnkf04	Gymnastics	Class	15	1	Credit with a grade	II	Polish / English
TZISnkf15	Team sport games	Class	16	1	Credit with a grade	IV	Polish / English
TZISnkf13	Modern Gymnastic Forms - Fitness	Class	16	1	Credit with a grade	IV	Polish / English
TZISnkf19	Stretching	Class	11	1	Credit with a grade	IV	Polish / English

FISNkf09	Body Ball	Class	22	2	Credit with a grade	IV	Polish / English
FISNkf10	Aqua aerobik	Class	22	2	Credit with a grade	IV	Polish / English
FISNkf15	Yoga	Class	22	2	Credit with a grade	VI	Polish / English
FISNkf16	Spinning	Class	22	2	Credit with a grade	VI	Polish / English

1. Rehabilitation and Kinesiology – Master

Winter Semester

Subject code	Module/subject name	Type of class ²	Number of hours	ECTS credits	Form of crediting the course ³	Semester	Language
FIISNkf02	Aqua aerobic and water exercises	Class	15	1	Credit with a grade	I	Polish / English

FIISNkf07	Self-defence and martial arts	Class	30	2	Credit with a grade	VI	Polish / English
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1. Rehabilitation and Kinesiology – Master

Summer Semester

Subject code	Module/subject name	Type of class ²	Number of hours	ECTS credits	Form of crediting the course ³	Semester	Language
FIISNkf05	Sport and recreation	Class	30	2	Credit with a grade	II	Polish / English
FIISNnk07	Dance and choreography	Class	24	2	Credit with a grade	IV	Polish / English

*If you know Polish – B1 level - please contact with Erasmus Coordinator. Course offer will be extended.